



PSHE at Waverley Primary School

Intent

At Waverley Primary School, promoting healthy, positive behaviours is at the forefront of everything that we do. We aim to provide a purposeful and exciting PSHE curriculum which will enable our children to become effective members of their community and the wider world. We want our children to become **respectful** and **honest**, have a **positive attitude** to challenges and learn the importance of **valuing** each other as well as their environment. We hope that our PSHE curriculum, *1Decision*, gives our children the knowledge and understanding they need to make real decisions about their lives. It also allows them to take part in activities which model adult choices and can demonstrate their individual ability to take responsibility for their own actions and decisions.

Our children are growing up in a world that is ever-changing and increasingly complex. This offers a lot of positive and exhilarating opportunities but can also present risks and challenges. We believe that enabling our children to develop important skills such as critical thinking, resilience, positive self-esteem and risk management will allow them to accomplish their intended goals. Our PSHE curriculum consists of three main core themes: Health and Well-being, Relationships and Living in the Wider World. In accordance with guidance, the curriculum will further explore features of healthy friendships, family relationships and any other relationship they are likely to encounter. Additionally, our curriculum will also explore online safety and the benefits of a healthy lifestyle. These themes allow our children to develop the knowledge, understanding, skills and attitudes they need to fulfil their potential and lead happy lives. At Waverley, we aim to equip our children with the tools and knowledge to be able to have a positive approach to keeping themselves and others safe and healthy.

Implementation

Our PSHE curriculum, *1Decision*, aims to be inclusive to all children in our care. In accordance with statutory guidance, PSHE lessons will be delivered in a way that provides our children with a safe and supportive learning environment that allows them to develop confidence, ask questions and appropriately challenge the information they are given. Our PSHE lessons will also draw on the children's own experiences, enabling them to express their views and opinions as well as providing them with the opportunities to put what they have learnt into practice within their own lives. The *1Decision* programme links all aspects of the PSHE lessons to outcomes within either the Early Learning Goals or the National Curriculum.

PSHE is delivered robustly throughout school, including in EYFS. In EYFS, PSHE is delivered on a weekly basis and is introduced through stories and discussions. The EYFS children are guided through different topics and scenarios with the help of the coloured raindrops. The raindrops go on lots of different adventures and support our children to learn about the world that they live in.

In Key Stage One, PSHE is delivered on a bi-weekly basis and in Key Stage Two on a half-termly basis. Each key stage has their own characters, DeeDee and Darla, who (just like the raindrops) support children to explore how to manage emotions, how to keep safe and how to maintain a healthy lifestyle. Each year group, including EYFS records their PSHE evidence in a floor book. This enables children to be part of the evidencing process and allows them to recap and reflect on previous learning.

Our 5-8 modules/topics
For more information on our resources, please visit: www.1decision.co.uk

Keeping/Staying Safe <ul style="list-style-type: none"> Road Safety Leaning Out of Windows Staying Safe Tying Shoelaces 	Keeping/Staying Healthy <ul style="list-style-type: none"> Healthy Eating Brushing Teeth Washing Hands Medicine 	Relationships <ul style="list-style-type: none"> Bullying Body Language Friendship Touch 	Being Responsible <ul style="list-style-type: none"> Practice Makes Perfect Helping Someone in Need Stealing Water Spillage
Feelings and Emotions <ul style="list-style-type: none"> Jealousy Worry Anger Grief 	Computer Safety <ul style="list-style-type: none"> Online Bullying Image Sharing Making Friends Online Computer Safety Documentary 	Our World <ul style="list-style-type: none"> Growing in Our World Living in Our World Working in Our World Looking After Our World 	Hazard Watch <ul style="list-style-type: none"> Is it safe to eat or drink? Is it safe to play with?
Special Edition Module - Fire Safety <ul style="list-style-type: none"> Hoax Calling Petty Arson Enya and Deedee Visit the Fire Station Texting Whilst Driving 			

Key stage One Module Overview

Our 8-11 modules/topics
For more information on our resources, please visit: www.1decision.co.uk

Keeping/Staying Safe <ul style="list-style-type: none"> Cycle Safety Peer Pressure Water Safety Keeping/Staying Safe Documentary 	Keeping/Staying Healthy <ul style="list-style-type: none"> Healthy Living Smoking Alcohol Keeping/Staying Healthy Documentary 	Growing and Changing <ul style="list-style-type: none"> Relationships Puberty Conception Growing and Changing Documentary 	Being Responsible <ul style="list-style-type: none"> Coming Home on Time Looking Out for Others Stealing Being Responsible Documentary
Feelings and Emotions <ul style="list-style-type: none"> Jealousy Anger Worry Feelings and Emotions Documentary 	Computer Safety <ul style="list-style-type: none"> Online Bullying Image Sharing Making Friends Online Computer Safety Documentary 	The Working World <ul style="list-style-type: none"> Chores at Home Enterprise In-App Purchases The Working World Documentary 	A World Without Judgement <ul style="list-style-type: none"> Breaking Down Barriers Inclusion and Acceptance British Values A World Without Judgement Documentary
Special Edition Module - First Aid <ul style="list-style-type: none"> First Aid - Year 4 First Aid - Year 5 First Aid - Year 6 (Part 1) First Aid - Year 6 (Part 2) 			

Key Stage Two Module Overview

Please see *1Decision* for an EYFS overview.

Impact

It is our intent that children leave Waverley Primary School fully prepared for both the next steps of their academic journey and the wider world which they are a part of. They are able to make calculated and purposeful decisions about their own safety and well-being and are conscious about keeping themselves and others safe and healthy. We intend to provide all children at Waverley with the knowledge and understanding so they can become active and responsible members of their wider community.